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welldiagnostics.ca

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APPOINTMENT INFORMATION

DATE: _____

TIME: _____

**CANCELLATIONS REQUIRE
48 HOURS ADVANCE NOTICE**



PATIENT NAME: _____ . SEX – M / F

ADDRESS: _____

CITY: _____ POSTAL CODE: _____

TELEPHONE: _____ DATE OF BIRTH: D ____ . M ____ . Y ____ .

HEALTH CARD #: _____ . VERSION CODE: _____ .

MYOCARDIAL PERFUSION

- 1 ☐ Stress Myocardial Perfusion (S-MIBI)
- 2 ☐ Persantine Myocardial Perfusion (P-MIBI)
- 3 ☐ Rest Ventricular Function (Rest Muga)

EXERCISE STRESS TEST

- 4 ☐ Graded Exercise Stress Testing

ECHOCARDIOGRAPHY

- 5 ☐ Complete Echo / Doppler Study
- 6 ☐ Stress Echocardiogram
- 7 ☐ **Contrast** Echo / Doppler Study
- 8 ☐ **Contrast** Stress Echocardiogram

- ☐ **Cardiology Consultation request**
(Provide clinical information)

AMBULATORY MONITORING

- 9 ☐ 24 hour Holter Scan
- 10 ☐ 48 hour Holter Scan
- 11 ☐ 72 hour Holter Scan
- 12 ☐ 7 day Holter Scan
- 13 ☐ 14 day Holter Scan
- 14 ☐ Ambulatory BP Monitor
(Not insured by OHIP)

Referring Physician: _____

Copy to other Physicians? _____

Physicians Signature: _____

Clinical Info / Reason for test.

OHIP Billing #: _____

Dr's Address: _____

Postal Code: _____

Phone # _____ Fax # _____

Visit us at www.welldiagnostics.ca

Important General Patient Instructions

O.H.I.P. REQUIRES YOU TO BRING YOUR CURRENT HEALTH CARD AND THIS REQUISITION SIGNED BY YOUR PHYSICIAN.



PLEASE BRING A CURRENT WRITTEN LIST OF ALL MEDICATIONS AND AN INTERPRETER IF THE PATIENT MAY HAVE DIFFICULTY COMMUNICATING WITH OUR STAFF.

Patient Preparation Instructions

MYOCARDIAL PERFUSION and EXERCISE STRESS TESTING

Stress Testing Studies Preparation: Appropriate clothing is advised for all exercise studies (soft-soled shoes and shorts / track pants). No solid food within 4 hours of your appointment. No caffeine or “caffeine free” products (including chocolates, soda pop and tea) 24 hours prior to your appointment. **Clear fluids permitted up to 1 hour before appointment time. Diabetic patients on Insulin should inform our staff and we will arrange an early appointment**, allowing you not to eat or take your diabetic medications prior to these procedures. Patients should be off Beta Blockers and Calcium Channel Blockers for 48 hours on the recommendation of the referring physician. For patients with severe asthma and who are on chronic bronchodilators, Persantine Stress studies are contraindicated. Patients undergoing Persantine Studies do not require to be off Beta Blockers and Calcium Channel Blockers. NO prescription Tylenol for 24 hours prior.

Duration: Nuclear Exercise Stress Testing, including Persantine studies, are a two part study lasting approximately 4 ½ hours.

Bring a light snack as you may eat in between the Treadmill / Persantine portion and the second image acquisition. (½ hour duration).

Echocardiography / Doppler Studies & Stress Echocardiography with or without contrast.

Echo / Doppler Studies Preparation: No preparation is required. Duration: 1 hour.

Stress / Echo Studies Preparation: Appropriate clothing is advised for all exercise studies (soft-soled shoes and shorts / track pants). **No solid food within 4 hours of your appointment. No caffeine products (including chocolates, soda pop and tea) 24 hours prior to your appointment. Diabetic patients should inform our staff and we will arrange an early appointment, allowing you not to eat or take your diabetic medications prior to these procedures.** Patients should be off Beta Blockers and Calcium Channel Blockers for 48 hours on the recommendation of the referring physician.

All contrast studies require an intravenous insertion. If you have allergies to PEG (Polyethylene Glycol) call our office prior to coming in.

Duration for Stress Echo Studies: 2.5 hours and slightly longer with contrast agents.

Holter Monitoring / Ambulatory BP Monitoring

Preparation: Patient must make arrangements to return equipment on the morning of the last day of the recording period, typically before noon.

Patient should wear a short sleeved shirt or a blouse that buttons up the front. Ambulatory BP Monitoring is not covered by OHIP. You will not be able to bath or shower with these devices. No extreme activities will be recommended.

Duration: 30 minutes.

We are a scent free environment.

Please refrain from wearing strong cologne or perfumes.

Masks / face shields are required while in our premises.