

## REQUEST FOR EXAMINATION – LINDSAY

☐ Lindsay Kent (Previously K2 Cardiac Care)  
Kent Place  
189 Kent Street West, Suite 215  
Lindsay, ON K9V 5CG  
T: 705-320-9998 | F: 705-320-7778

☐ Lindsay Hospital (Previously MyHealth Centre)  
Ross Memorial Hospital  
10 Angeline Street North, 3<sup>rd</sup> Floor Lindsay,  
ON K9V 4M8  
T: 705-328-6171 | F: 705-328-6172

**Note:** Patients will be booked accordingly at the appropriate location based on testing.

### PATIENT INFORMATION (AFFIX LABEL IF AVAILABLE)

Check if Applicable: ☐ **URGENT**

Full Name (Birth): \_\_\_\_\_

Preferred Full Name (If Different from Birth): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Prov.: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Alt. Phone: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Health Card #: \_\_\_\_\_ Version: \_\_\_\_\_

Gender (Birth): \_\_\_\_\_ Preferred Gender (If Different from Birth): \_\_\_\_\_

Height (cm): \_\_\_\_\_ Weight (kg): \_\_\_\_\_

Reason for Referral:

### ISOLATION PRECAUTIONS – FOR HOSPITAL PATIENTS

☐ Not Required ☐ Airborne ☐ Droplet ☐ Contact ☐ C Difficile

### CARDIOLOGY CONSULTATIONS (VIRTUAL)

- ☐ First Available  
☐ Dr. \_\_\_\_\_  
☐ Consult if Test Result is Positive/Abnormal

#### Indication(s) for consultation:

- ☐ Abnormal Exercise/Rest ECG ☐ Rule out CAD (CRF with symptoms)  
☐ Atypical (variant) Angina/SOBOE ☐ Post M.I.  
☐ Typical Angina ☐ Other: \_\_\_\_\_

**Please Attach:** Medications, Previous Tests, Family & Social History

### CARDIOLOGY TESTING

- ☐ 12-Lead Electrocardiogram (Rest ECG)  
☐ Exercise Stress Test (GXT)  
☐ Exercise Stress Test (GXT) with Cardiac Consult  
☐ Holter Monitoring with 12-Lead Electrocardiogram (ECG)  
☐ 24 hrs ☐ 48 hrs ☐ 72 hrs ☐ Other: \_\_\_\_\_  
☐ 24hr BP Monitor (Not insured by OHIP)

**Hospital Patients:** Holter monitors worn by hospital patients are the responsibility of the medical floor. A late fee of \$20 or a replacement fee of \$1,000 will apply if the monitor is not returned at the scheduled time.

- ☐ Echocardiogram (Colour Doppler) ☐ Stress Echocardiogram  
☐ Chest pain suspicious of CAD ☐ Murmur  
☐ Congestive Heart Failure ☐ Palpitations/Arrhythmias  
☐ Hypertension ☐ Syncope  
☐ Other: \_\_\_\_\_

### NUCLEAR CARDIOLOGY

#### MYOCARDIAL PERFUSION

(no caffeine for 12hrs + fasting for 4hrs before test)

- ☐ Exercise  
☐ Persantine

#### VENTRICULAR FUNCTION

- ☐ Rest MUGA

### BONE MINERAL DENSITY

- ☐ Baseline  
☐ Follow Up

Please bring a list of medications & supplements.

### NUCLEAR MEDICINE

#### BONE SCAN

- ☐ Total Body  
☐ Specific Site: \_\_\_\_\_

#### ENDOCRINE

- ☐ Thyroid Uptake & Scan  
☐ Parathyroid

#### GALLIUM

- ☐ Total Body  
☐ Specific Site: \_\_\_\_\_

#### PET/CT – Mississauga

- ☐ Visit [WELLdiagnostics.ca/Refer](http://WELLdiagnostics.ca/Refer) for PET/CT requisition

#### GASTROINTESTINAL

- ☐ Hepatobiliary Scan (HIDA)  
☐ Solid Gastric Emptying Scan  
☐ GI Bleeding Scan  
☐ Meckel's Scan

#### RENAL

- ☐ Renal Scan w/ Differential Function  
☐ Lasix Renal  
☐ Captopril Renal

#### MISCELLANEOUS

- ☐ V/Q Lung Scan  
☐ Sentinel Node  
☐ Salivary Scan

### REFERRING HEALTHCARE PROVIDER (STAMP LABEL IF AVAILABLE)

Referring Provider: \_\_\_\_\_ (Print Name) \_\_\_\_\_ (Signature)

Billing Provider #: \_\_\_\_\_ CPSO #: \_\_\_\_\_

Tel #: \_\_\_\_\_ Fax #: \_\_\_\_\_

Date: \_\_\_\_\_ Copy To: \_\_\_\_\_

Report Delivery Preference: ☐ Fax ☐ HRM ☐ Other: \_\_\_\_\_

Access your patient radiology reports at [WELLdiagnostics.ca/Access](http://WELLdiagnostics.ca/Access)

- All our services require a scheduled appointment.
- Please provide at least 24 hours' notice if you need to reschedule your appointment to avoid a no-show fee.
- For location details, or to chat live and book your appointment online, please visit [WELldiagnostics.ca/Locations](https://www.welldiagnostics.ca/Locations).
- We will send your diagnostic report to your referring HP (healthcare provider), who will follow-up with you. We can send it to additional HPs upon your request.

CARDIOLOGY

**BLOOD PRESSURE MONITORING:** Please wear a shirt/blouse with short or loose-fitting sleeves. Bring a list of all your current medications.

**CARDIOLOGY CONSULTATION:** Bring a list of all your current medications.

**ECHOCARDIOGRAPHY:** A cool sensation may be felt on the skin from the gel on the transducer, and a slight pressure of the transducer may be felt on your chest.

**EXERCISE STRESS TEST:** Discontinue erectile dysfunction medication for 1 week before your test. Bring a list of all your current medications. Wear soft sole shoes and comfortable clothing. Test time: Approximately 30 minutes

**HOLTER MONITORING:** Please do not put any cream/lotion on your chest. Wear loose, comfortable clothing. Bring a list of all your current medications. Please note: a shower/bath is not permitted during the recording period.

**MYOCARDIAL PERFUSION:** No caffeine or decaf. for 12 hours; Clear fluids only for 4 hours prior to test on both days; Diabetic patients may have a light meal 2 hours prior to test; No powder or cream on skin; Off erectile dysfunction medications for 48 hours.

**Exercise:** Off Beta-Blockers for 48 hours (only if instructed by doctor)

**Persantine:** Off Theodur/Theophylline for 48 hours (only if instructed by doctor)

Time: Day 1 – 2 hours, Day 2 – 1 hour

NUCLEAR MEDICINE

**BONE MINERAL DENSITY:** Wear pants without metal zippers or snaps. Bring list of current medications. Test time: 20 minutes

**BONE SCAN:** No restrictions. Test time: 1<sup>st</sup> visit – 15 minutes, return in 2.5 hours, 2<sup>nd</sup> visit – 1 hour

**GALLIUM SCAN:** No restrictions. Test time: Day 1 – 10 minutes, Day 2 – 1-2 hours

**GASTRIC EMPTYING:** Nothing by mouth overnight; Off opiates, prokinetics and antispasmodics for 48 hours (only if instructed by doctor). Test time: 4 hours

**GI BLEED:** Nothing by mouth for 6 hours. Test time: 2-3 hours

**HEPATOBIILIARY SCAN (HIDA):** Clear liquids only from midnight on; No pain medications for 4 hours. Test time: 2.5 hours

**LUNG SCAN:** No restrictions. Test time: 1 hour

**MECKEL'S SCAN:** Nothing by mouth overnight. Test time: 1 hour

**MUGA SCAN:** No caffeine for 4 hours. Test time: 45 minutes

**PARATHYROID SCAN:** No restrictions. Test time: 1<sup>st</sup> visit – 1 hour, return in 3 hours, 2<sup>nd</sup> visit – 1 hour

**RENAL SCAN:** Well hydrated (You may empty bladder); Bring list of current medications. Test time: 1 hour

**RENAL SCAN WITH LASIX:** Well hydrated (You may empty bladder); Bring list of current medications. Test time: 1.5 hour

**RENAL SCAN WITH CAPTOPRIL:** Well hydrated (You may empty bladder); Off ACEIs & ARBs for 72 hours (only if instructed by doctor); Nothing by mouth for 4 hours; Bring list of current medications. Test time: 2 hours

**SALIVARY GLAND SCAN:** No restrictions. Test time: 1 hour

**THYROID UPTAKE & SCAN:** Off thyroid replacement medications for 4 weeks; Off anti-thyroid medications for 4 days (only if instructed by doctor); Nothing by mouth for 2 hours on Day 2. Test time: Day 1 – 10 minutes, Day 2 – 1 hour

LINDSAY KENT	LINDSAY HOSPITAL
Kent Place 189 Kent Street West, Suite 215 Lindsay, ON K9V 5CG Kent Place at Kent Street West and Victoria Avenue South	Ross Memorial Hospital 10 Angeline Street North, 3 <sup>rd</sup> Floor (Yellow Elevator) Lindsay, ON K9V 4M8 Ross Memorial Hospital at Angeline Street North and Kent Street West
T: 705-320-9998   F: 705-320-7778 E: <a href="mailto:lindsay_kent@welldiagnostics.ca">lindsay_kent@welldiagnostics.ca</a>	T: 705-328-6171   F: 705-328-6172 E: <a href="mailto:lindsay_hospital@welldiagnostics.ca">lindsay_hospital@welldiagnostics.ca</a>
SERVICES: Blood Pressure Monitoring, Cardiology Consultation, Echocardiography, Electrocardiography, Exercise Stress Testing, Holter Monitoring, Stress Echo	SERVICES: Bone Mineral Density, Cardiology Consultation, Exercise Stress Testing, Holter Monitoring, Nuclear Cardiology, Nuclear Medicine



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- ✓ Get the latest news and insights
- ✓ Submit inquiry forms and satisfaction surveys
- ✓ Join our team